



CARBERRY MINOR HOCKEY
PARENTS PACKAGE
2025-2026



Thank you for registering with Carberry Minor Hockey Association this season! We are looking forward to another season with lots of great hockey for our players, spectators and volunteers. Minor Hockey is about the long term athletic development of players and should not be a win at any cost to the environment of hockey. We're hoping this welcome package can answer some of your questions we get from year to year.

2025-2026 CMHA Executive Committee

President: Morgan Fryer

Email: carberryminorhockeypresident@gmail.com

Registrar: Jordan Dick

Email: jordandick2@hotmail.com

Vice President: Kelsey Dickson

Email: carberryminorhockeyvice@gmail.com

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In progress

Secretary: Jordyn Baron

Email: cmha.secretary25@gmail.com

Referee In Chief: Jeremy Bates

Email: cmha.refereeinchief@gmail.com

Treasurer: Jerilyn Wright

Email: carberryminorhockey@gmail.com

Development Coordinator: Jason Chandler

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Fundraising Coordinator: Ricki Cline

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Social Media/Technology Rep: Matt Phillips

Email: social.cmha@gmail.com

Equipment Manager: Jordyn Bicknell

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Members at large: VACANT

Please join our facebook page [Carberry Minor Hockey](#) or visit our website www.carberryminorhockey.com

New Players

BIG WELCOME to all our first time hockey players this season! For parents who have never had a child in hockey before, it is required that **one** parent complete the online **Respect in Sport Parent Program**. For any parents that are registering a new player in their household but have already completed the Respect in Sport Parent program for another child they must still open their account and add the new player to their profile. This must be completed by **November 1/25**. Players will not be able to be on the ice if not completed by this date. The website is <http://hmbparent.respectgroupinc.com>. Please contact Jordan Dick (jordandick2@hotmail.com) at any time with questions or concerns.





LiveBarn (NEW)

LiveBarn is a platform that provides live and on demand broadcasts of amateur and youth sports across US and Canada. Users can watch games, save and share highlights and build a library of favorite clips. LiveBarn is designed for parents, fans, players, coaches to engage with sports events anytime and anywhere.

- Never miss a moment! Stream unlimited events from any LiveBarn facility on your favorite device
- Download 30 second or 30 minute videos directly from your phone or computer
- Stream on the go with your favorite device
- Sign up and save 10% PROMO CODE: carb - erry

Fees

All registration fees must be paid in full prior to the players first practice and to receive a CMHA Jersey, players will not be able to attend practice or receive a jersey until paid in full. CMHA understands that there are circumstances that can make fees difficult, in these cases we will try and accommodate as best we can. No child should miss out on the chance to play hockey. Please reach out to our treasurer (carberryminorhockey@gmail.com) to discuss payment options, financial support or payment arrangements.

Important Dates

Power Skating Start - September 22/25
CMHA Hitting Clinic (U13 & U15) - September 24,25 & 27/25
CMHA Hockey Camp (U7-U15) - October 4-5/25
Parent/Team Meetings - October 4/25
First CMHA Practice - October 6/25
Breakfast Club Start (U9-U15) - October 21/25
Picture Day - October 29/25
Hockey Day in Carberry - December 6/25
U7 Home Tournament - February 7/26
U9 Home Tournament - December 13/25
U11 Home Tournament - November 29-30/25
U13 Home Tournament - January 10-11/25
Tournament of Champions - January 15-18/25
CMHA Plainsmen Cup Golf Tournament - June 2026

Team Apparel

CMHA has partnered with Source for Sports for all your Carberry Plainsmen hockey apparel. A portion of the funds from the clothing will be going back to our minor hockey. A shopping link will be coming ASAP. It will be open for 2 weeks at a time, it will be a bulk order and arrive all at the same time.





<https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>

Dressing Room

RINK RULES:

- Kids are to never be left alone in the dressing room without adult supervision
- One parent per child in dressing room when tying skates
- All garbage is to be picked up and placed in provided garbage in all dressing rooms
- No mini sticks in dressing room
- Smoking, smokeless tobacco and vaping are not permitted in the facility or dressing rooms
- Use of cell phone or video devices is not permitted in dressing rooms and washroom facilities
- Report any damage to maintenance staff immediately
- **ALL HOCKEY BAGS** cannot be left in the hallway past **WEDNESDAY**
- If needed, female dressing room will be referee room

Hockey Canada firmly believes all participants (athletes, officials, coaches, team staff, etc.) have a right to access safe, inclusive, and equitable dressing spaces. In this regard, all participants have the right to utilize the dressing room or appropriate and equivalent dressing environment based on their gender identity, religious beliefs, body image concerns and/or other reasons related to their individual needs. Hockey Canada believes in balancing the safety, privacy, modesty and wishes of our participants without compromising the aspects of camaraderie, social integration and bonding inherent in a team sport.

- **Team Talks-** Hockey Canada stresses the importance that all participants are treated as valued members of a team.
- **Use of Showers** –It is recommended that when showers are not private stalls, that these be used in a manner that respects the privacy of all participants. When in open concept showers, it is encouraged that all athletes wear certain “minimum attire” at all times, including swimwear. In order to facilitate this, participants could use a private restroom stall to change out of their base layer and into their swimwear prior to using the shower. Similarly, they could dress in a private restroom stall after they have completed their shower.
- **Minimum Attire Rule-** Hockey Canada requires all participants to wear ‘minimum attire’ at all times in a dressing room or in dressing environments where more than one participant is present. This means that participants should arrive at the rink wearing a base layer (e.g., shorts and t-shirt, compression shorts and shirt or sports bra). A participant not arriving at the rink wearing their base layer can use an appropriate private space (e.g., private restroom stalls or empty/unused dressing rooms) to change into the base layer and then enter the team dressing room with the other participants.
- **Rule of Two-**requires two trained and screened adults to be present in the dressing room





- **Prohibition on Violent Activities in Dressing Rooms**-To ensure the safety of all participants in the dressing room, no type of violent conduct of any kind (including locker room boxing) bullying, or hazing is permitted.
- **Prohibition on Recording in Dressing Rooms or Dressing Environments** -To respect the privacy of participants, no videos, still photos, or voice recordings of any kind may be taken using any device with recording capabilities in a dressing room or dressing environment.

Coaches/Parents are responsible for supervision of their dressing room at **ALL TIMES**. The room must be monitored at all times.

Equipment

Hockey pucks are donated to our rink every year. We are only given so many for the season before we have to purchase more by our CMHA. Please tell your kids not to remove the pucks from the rink or put them in their hockey bag.

- All required hockey equipment must be worn properly on the ice at all times (helmet with chin strap, jock/jills, mouthguards,ect)
- Hockey Manitoba constitution states all mouth guards are mandatory for all age groups excluding Sr. Hockey. If a player is wearing a helmet, facial protector, mouth guard or throat protector improperly or wearing an uncertified (BNQ) piece of equipment, the Referee will penalize the offending player under Rule 10.6-Illegal Equipment.
- Goalie equipment will be provided from U7-U13. At the U9 level, players will take turns in the net throughout the season. We encourage all parents to help encourage their child to give it a try - it's a great experience and helps them develop new skills

Practice

Practice times (Monday/Wednesday)

U7-4:30-5:15

U9-5:15-6:00

U11-6:00-7:00

U13-7:15-8:15

U15-8:30-9:30

Breakfast Club

This program is run by CMHA for **U9-U15**, it provides our players with some extra ice time, skill development and the opportunity to skate with all ages. Breakfast is provided for the players after their skate before they head off to school. Drop off can be done at 6:30am to be on the ice at 7:00am. We know some kids are really excited and anxious to be there early but we shouldn't have anyone on the ice until 7:00am. All children under 12 need to be accompanied by a parent unless other arrangements have





been made. If your child is attending Breakfast Club a parent shift in the kitchen is **mandatory**. A sign up sheet will be on the CMHA bulletin board. Volunteers are always welcome on and off the ice. Please contact Jason Chandler if you would like to help out.

Headcheck

Carberry Minor Hockey will be utilizing an App called Headcheck. This app will allow the coaches and managers to track and log incidents and injuries on the ice to allow for a safer environment for the kids. The parents will also be asked to log in to input any important medical information so Coaches/Managers will be able to access quickly in case of an emergency from their phones or the minor hockey Ipad.

Jerseys

All jerseys are property of Carberry Minor Hockey. Each jersey should be kept in a garment bag and not to be thrown at the bottom of the hockey bag. Any damage to a jersey in any form will need to be replaced by the player/parent. Jerseys are to be worn only for games. Instead of collecting jersey bond cheques, in your first year with Carberry Minor Hockey you will be required to sign a "Jersey Contract", which will hold the parent responsible for damaged and/or missing jerseys. Please make sure all jerseys are washed properly before returning at the end of the season.

Name Bars

All name bars will be sewn on and off of the jerseys by CMHA. This is to ensure proper care of our jerseys is maintained. Under NO circumstance should anyone sew on or off the name bar without CMHA permission.

Referees

Another pillar in making hockey happen each season is through our officials, without them our games would not be possible. Communication between players, coaches and officials is extremely important. It is an Officials responsibility to enforce the rulebook to ensure the game is played safely not the coaches or parents. Coaches/Players/Parents should never engage in any type of physical and verbal abuse to our officials. It will not be tolerated by CMHA. Officiating is a paid position and if anyone is interested in becoming an official, please contact Jeremy Bates at cmha.refereeinchief@gmail.com

Team

Team meetings are essential for formal communication amongst the team and require participation from all members. Team meetings will be organized on the Saturday of CMHA Start Up Camp. A board member will be there to outline the season and answer any questions you may have. Coaches need to be present for this meeting to go over the goals and objectives for the season and their philosophy on playing time, ect. Each team should have members from the team to represent in these team jobs:





Team Manager, Team Treasurer, Home Tournament Committee, Jersey Care, Game Volunteers (**all parents**), Team Safety, Team Liaison, Picture Day Volunteers.

Time Clock/ Score keeping/ Admission

Teams are responsible for working these positions at each of their games. Your manager will create a schedule for the year and every member of the team has to put in shifts. Each team will be given a float at the beginning of the year to keep and to be returned back to CMHA at the end of the year. All money collected from admission will be counted by 2 people, a tally sheet will be filled out, two initials and put in the drop box in the office after every game.

CMHA Fundraising/Volunteers

CMHA runs season to season solely on its volunteers who put in hours and hours of their time to make hockey happen for our players. We are very thankful for our volunteers who come forward each season to help out.

Parent involvement in our fundraisers is mandatory all year round. We have a few fundraisers every year that we need each and every parent to be a part of. The funds raised go back to Minor Hockey and this is what allows us to keep our costs low, to purchase items needed or cover fees from season to season. Individual teams can fundraise (50/50) should they wish to raise extra funds for things like tournaments, or year end gifts/year end wind up. **Any extra money that is leftover after paying for your year end costs needs to be donated back to CMHA. Your team funds should NOT be making money at the end of the year.** CMHA keeps track of our volunteers that come forward. You are responsible for volunteering for each child you have in CMHA this is additional to other volunteer positions (coaching, manager, bench staff). Failure to do so your bond cheque of **\$300** will be cashed. Your team will have allotted times that will be required to be filled by your team for our larger fundraisers. There **may** be opportunities for each event for the possibility of students to be hired to do your shift. This would be an additional cost to the parent, not CMHA.

- **Team Jobs- Ongoing all year, every parent is required to contribute to each of your child's team (eg, admission, 50/50, time clock, ect)**
- Hockey Day - Breakfast shifts and donations will be required
- Source for Sport Clothing - 10% will be donated back to CMHA
- Spents Bros Pizza - Possibility this year if TOC does not happen
- Tournament of Champions (January 15-18/26) - All parents are required to do shifts for each child in CMHA
- CMHA Plainsmen Cup Golf Tournament (June) - parent committee will be formed

CMHA Maltreatment/Harassment Policy





1) Coaches/Parents & Adult Spectators; All of the following will follow a modified guideline as stated in the Referee Case Book-Section 11 Maltreatment

- **1st Offense-Coach/Parent/Spectator** will be removed from the viewing area of the ice surface for the duration of the game. If less than 10 minutes are remaining to play in the 3rd period or if the game is in overtime, the individual will also be suspended from next season's game. **7 days from all minor hockey activities, in addition completion of Respect in sport must be redone or completed.**
- **2nd Offense**-In addition to above, the individual will not be permitted to view the next 3 season/ playoff/playdown games. **14 days from all minor hockey activities.**
- **3rd Offense**-In addition to 1st offense, the individual will not be permitted to view remainder of season games. Pending a review from CMHA board Playdown/Playoffs may be granted. If the 3rd offense is during playdown/playoffs, the remainder of the season will serve as suspension. **Remainder of season including playdown/playoffs.**

The above suspensions will be served during all home/away games and be the responsibility of the team's manager/liaison to monitor the suspended individual. If a parent/adult spectator is found to be breaking a suspension, the team's coach will receive a 1 game suspension for the violation. In addition the parent/adult spectator will still be required to serve the remaining game(s) of their suspension(including game(s) that were viewed during suspension).

Any coaches found to be breaking a suspension, will follow Hockey Canada's suspension policy.

https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Speak-Out/Downloads/bullying_eng.pdf

24-Hour Rule

Hockey Manitoba requires parents/guardians should wait 24 hours before contacting the team's manager/team liaison regarding incidents related to their child. This rule is designed to provide a "cooling off" period for all parties involved, allowing them to assess the situation calmly and discuss it in a constructive manner. Failure to adhere to this rule can result in penalties, such as verbal and written warnings or removal from all activities for a specified period. The rule is part of a broader effort to foster sportsmanship and ensure fair play within the hockey community.

“DON'T JUST SEND YOUR KIDS TO THE RINK.....TAKE THEM!”